



Inaugural Conference, Zaragoza, Spain September 2015

Friday, 11th September 2015

- 09.00 Presentation of Kaltenborn-Evjenth OMT (K-E OMT) Organization and K-E OMT Executive Board – César Hidalgo
- 09.15 Historical background and development - Markku Paatelma and Ragnar Faleij
- 09.30 Letter of endorsement, mission and purpose of K-E OMT – Jutta Affolter
- 09.45 K-E OMT since Gran Canary 2014 - Organizational issues – Andreas Gattermeier
- 10.00 K-E OMT bylaws – Tim McGonigle and Sigurd Slaastad
- 10.15 Presentation of new edition of Freddy Kaltenborn's Extremity book – Basis of the K-E OMT educational standard - Eileen Vollowitz assisted by Freddy and Traudi Kaltenborn
- 10.45 Break**
- 11.00 From standard description to real practice - César Hidalgo and Markku Paatelma
- Resting position / Momentary (actual) resting position
- Plane of treatment / Momentary plane of treatment
- Practice demonstration
- 11.45 Concave-Convex Rule and the gliding test: biomechanical explanation, research misuse, practical use, teaching strategies - Andreas Gattermeier and Jochen Schomacher
- 12.15 Specificity in treatment: anatomical and physiological joint, terminology in the techniques. Use of non-coupled movements. César Hidalgo and Ragnar Faleij
- 12.45 Pre-manipulative procedures (pre-manipulative stretch test) teaching and clinical practice - Tim McGonigle
- 13.15 Joint Mobilization and manipulation (sequence and progression) - Markku Paatelma and César Hidalgo
- 14.00 Lunch**
- 15.00 Functional gliding: theory and practice - Andreas Gattermeier
- 15.45 Treatment of C1-C2 in K-E OMT - César Hidalgo and Jochen Schomacher
- 16.30 Comparison between grades in K-E OMT and Maitland - Jutta Affolter
- 17.00 Exchange of treatment frequencies and intensities - Sigurd Slaastad
- 17.30 Discussion, doubts, and conclusions - Tim McGonigle, Markku Paatelma and César Hidalgo
- 18.30 Free communications (10 minutes each communication)



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Saturday, 12th September 2015

09.00 Clinical reasoning and localization of symptoms: theory and practice - John Krauss and Miguel Malo

11.30 Discussion and conclusion - Jutta Affolter and César Hidalgo

12.00 Break

12.20 Presentation of the new book Myofascial Mobilization in OMT - César Hidalgo, Pablo Fanlo and José Miguel Tricás

12.40 K-E OMT Diagnosis of muscle dysfunction in OMT -Pablo Fanlo

13.10 Accessory mobility with and without joint mobility: functional massage - John Krauss

14.00 Lunch

15.00 Accessory mobility with and without joint mobility: Inter-muscular and fascial mobilization - José Miguel Tricás and Pablo Fanlo

16.00 Myofascial treatment for improving physiological mobility - Pablo Fanlo

16.30 Discussion and conclusions - Andreas and César Hidalgo

17.00 Principles of neural evaluation in K-E OMT - Tim McGonigle

17.30 Neural mechanosensitivity: neurodynamic test, palpation, compression and interface opening and closure - Ragnar Faleij and Elena Bueno

18.30 Free communications (10 minutes each communication)

Sunday, 13th September 2015

08.00 Clinical Treatment of neural tissue: theory and practice - Elena Bueno

09.45 Discussion and conclusions - Ragnar Faleij and César Hidalgo

10.15 Break

10.30 Training in OMT - Lasse Thue

11.15 Use of cognitive therapy and exercise for non-nociceptive pain mechanisms - Alazne Ruiz de Escudero

11.45 Discussion and conclusions - Andreas Gattermeier and César Hidalgo

12.00 Future:
Instructor credentialing - How to qualify for, or update, a K-E OMT teacher's credential
Organizational issues: research database, website development

13.00 Conclusion of conference

